

### 12U Week#9 -

### PLAY — PRACTICE — PLAY

#### "Combination Play"

#### **Dribbling move** Maradona

#1

15

mins

**Play-** as players arrive have them join in a small sided game.

**Set Up-** 3V3 or 4V4 small games. -20yrds X 20yrds fields -Set up multiple fields if needed

Let them play

10 mins.

#### **Activity Description**

## **Working Square:**

Half the players create a square in a defined space with a ball. Players without balls are in the middle and check to receive a pass from outside players. Once they are inside, players have the ball and they look to connect a pass with another outside player. Switch outside and inside players after a few minutes.

#### **Set Up Diagram**

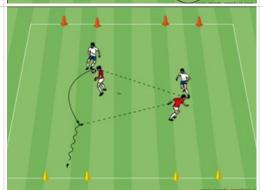
#### **Coaching Points**

- -Focus on passing technique
- -Keep the ball moving
- -Head up and find a new player to pass too quickly

## 2v2 to 4 Goals:

# #2

15 mins Two teams trying to score through the cone goals by passing or dribbling, looking for the appropriate chance to execute a combination. Stress the opportunities to combine (wall passing, overlaps, and takeovers).



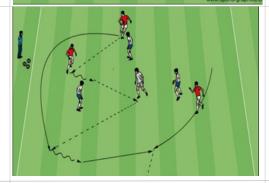
- -Look for opportunities to create numbers advantage
- -Attempt give and goes, takeovers
- -Use deception (fake pass and dribble)

#### 3v3 or 4v4 +1:

#3

15 mins

In a 25x30 yd. grid, two teams of 3 or 4 players, each with a neutral player who plays for the team in possession of the soccer ball, will play to score by passing through the cones. A goal scored after a combination play is worth 5 points.



- look to combine passes with teammates
- -Use the neutral player often to create numbers
- -Don't force going forward all the time

#### **Small Sided Games**

**PLAY** 

7V7 scrimmage

25 mins



Let them play



Organized-set up and ready to go Game like-activity must be game like Repetitions-repetition on what you are trying to achieve

Challenging-players need to be challenged Coaching-the right coaching based on the age/level of the players